

# Oratip Nimkannon, AThR

MS Counseling Psychology

MA Art Therapy

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## **HIGHLIGHTS**

- Experience working in multi-disciplinary teams and diverse settings
- Can integrate different therapeutic modalities to serve client's needs
- Multi-cultural competency and can provide service in Thai and English
- Registered Art Therapist (AThR), The Australian, New Zealand, and Asian Creative Arts Therapy Association (ANZACATA) – registration no. 46961720

## **EDUCATION**

### **Master of Art, Art Therapy | 2014 - 2016**

LASALLE College of the Arts, Singapore

### **Master of Science, Counseling Psychology | 2012-2014**

Assumption University, Bangkok, Thailand

### **Bachelor of Art, Communications | 1996 - 1999**

University of Washington, Seattle, USA

## **PROFESSIONAL CREDENTIAL**

Registered Art Therapist (AThR), The Australian, New Zealand, and Asian Creative Arts Therapy Association (ANZACATA) – registration no. 46961720

## **PROFESSIONAL EXPERIENCES**

### **Psychotherapist, Art Therapist (part-time) | April 2021 - Present**

#### **The Oasis (private mental health clinic)**

- Counseling/psychotherapy/art therapy for adults and adolescents (Thais and foreigners) presenting with mental health issues
- Employee Assistance Program, individual sessions
- Write mental health articles for the clinic's blog
- Art therapy workshop facilitators

### **Counseling Psychologist, Art Therapist (full-time) | September 2018 - March 2021**

#### **Bangkok Hospital Chiang Mai, Mental Health Clinic**

- Counseling/psychotherapy/art therapy for adults and adolescents (Thais and foreigners) presenting with complex mental health issues
- Ad-hoc presentations/workshops on topics related to mental health

## **Psychosocial Counselor, Art Therapist (full-time) | August 2016 - March 2018**

### **Jesuit Refugee Service (Thailand), International NGO**

- Crisis intervention, to de-escalate emotional crises for survivors of violence and trauma
- Brief counseling, to support adjustment issues and stress
- Art therapy, to support adjustment and transition
- Community outreach, Immigration Detention Center/home visits, to deliver psychosocial interventions
- Self-care trainings for staff and client groups
- Supervised and trained two psychosocial community assistants to deliver psychosocial activities in refugee communities
- Case management, advocacy, and report writing

## **Writer, Reporter, Copywriter (full-time and freelance) | 2000 - 2012**

### **Various media companies and brand communications agencies**

- Full-time feature writer for Bangkok Post
- Full-time Web producer and freelance writer for The Nation newspaper
- Full-time copywriter at Keen Media and Wotif Group (Thailand)

## **Freelance writer / translator | 2009 - 2018**

- Provide copywriting, document translation, and report writing services to different agencies

## **LECTURE / PRESENTATION / FACILITATION EXPERIENCES**

### **Chiang Mai University | 24, 27 January 2022**

#### **Department of Psychology, Faculty of Humanities**

- Lecture and workshop (online) on Clinical Applications of Art Therapy, for third-year students in the clinical psychology program

### **ASIA FORUM | 12 December 2021**

#### **Psychological Well-being Retreat**

- Art therapy workshop for human rights workers, Healing the Wounded Healers

### **Chiang Mai University | 15, 18 March 2021**

#### **Department of Psychology, Faculty of Humanities**

- Lecture and workshop on Psychodynamic Art Therapy, for third-year students in the clinical psychology program

## **American Art Therapy Association's 49th Annual Conference 2018 | 31 October - 4 November 2018**

### **Miami, Florida, USA**

- Co-presenter of a paper Bridging Distance: Art-based supervision as cross-cultural practice

## **Lesley University, Cambridge, Massachusetts, USA | 29 October 2018**

### **Department of Expressive Therapies**

- Presenter and workshop, Working in the In-between: Art therapy with refugees in Thailand

## **Nourish Arts Therapy & Wellbeing Conference | 17 January 2018**

### **Phnom Penh, Cambodia**

- Co-presenter, Visual Reciprocity: Intersubjectivity and attunement in long-distance art therapy supervision

## **INTERNSHIP EXPERIENCES**

### **Art Therapist (intern) | August 2015 - April 2016**

#### **Chen Su Lan Methodist Children's Home, Singapore**

- Individual art therapy for child survivors of maltreatment and trauma
- Age group: 9 - 15 years old

### **Art Therapist (intern) | January - April 2015**

#### **Institute of Mental Health, Singapore**

- In-patient brief group art therapy, to support adults undergoing the substance rehabilitation program
- Weekly open art therapy studio sessions

### **Counselor (intern) | February - October 2013**

#### **Asylum Access Thailand, (humanitarian agency serving refugees and asylum seekers)**

- Crisis intervention, to de-escalate emotional crises for survivors of violence, political persecution, and trauma
- Support groups on stress management and relaxation skills
- Relaxation skills training for staff members
- Training for staff and refugee clients on mental health issues

## **PROFESSIONAL TRAINING**

DBT Skills Training

Creative processing of dreams

Relational Life Therapy Levels I, II, III (working with couples in psychotherapy)

Suicidal prevention with young people

Diagnostic Drawing Series

EMDR Intro, Levels I & II

Healing trauma with guided drawing